



2025 WILD WOMEN RETREAT *schedule*

Saturday, July 26

- 9:00 am–10:00 am** Arrival/Check-in/Settling into Camp K
- 10:30 am–11:15 am** Gather up for welcome – Choose a Camp Name Session
- 11:15 am–12:15 pm** Lunch
- 12:15 pm–12:45 pm** Light Yoga (bring your own mat), or time to chat, wander the beach, etc.
- 12:30 pm–1:30 pm** Hike with camp counselor: Departing at 12:30 pm (FREE/limited to 8)
- 1:00 pm–5:30 pm** Camp Activities open:
- Canoeing & Kayaking*
 - Target Sports
 - Hiking
 - Arts & Crafts
 - And more!
 - You can also take this free time to read a book, walk along the beach, or bring along your own hobby craft to work on!
- This time block is also when special add-on activities for those who have pre-registered will happen.
- 5:30 pm–6:30 pm** Hors d'oeuvres Reception
- 6:30 pm–8:30 pm** Dinner & Auction
- 8:30 pm–11:30 pm** Evening campfire on the beach. And yes, we will have all the fixings for s'mores! (Assuming there is no burn ban in place.)
- 9:00 pm–10:00 pm** Glow light dance party!

* Water-based activities are available, weather permitting.

** Massage available for sign-up on a first-come, first-serve basis upon arrival. There is no charge for massages, but cash tips to your therapist are encouraged.



2025 WILD WOMEN RETREAT *schedule*

Sunday, July 27

- 8:00 am–** Coffee, tea and light snacks made available in the dining hall
- 8:30 am–9:30 am** 1-hour Kenai Lake Paddling Tours (FREE/limited to 10 per outing.)
- 8:00 am–10:00 am** Chair and Sports Massages available
**** chair massage (20 min) and table massage (30 min), cash tip encouraged**
- 9:00 am–9:30 am** Yoga on the deck
- 10:00 am–11:00 am** Brunch
- 11:00 am–1:00 pm** Retreat concludes, with a couple hours left to linger, visit, and partake in camp activities, including kayaking*, hiking, arts & crafts
- 11:30 pm–12:30 pm** 1-Hour Kenai Lake Paddling Tours (FREE/limited to 10 per outing)
- 1:00 pm–** Departure

* Water-based activities are available, weather permitting.
** Massage available for sign-up on a first-come, first-serve basis upon arrival. There is no charge for massages, but cash tips to your therapist are encouraged.



A BENEFIT FOR CAMP FIRE ALASKA'S CAMP K ON KENAI LAKE

WE HOPE TO
SEE YOU AGAIN
next year!